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REVIEWS

BEDSIDE DIAGNOSIS. By Charles Mackay Seward, M.D., F.R.C.P.(Edin.),
 Edinburgh : E. & S. Livingstone Ltd. 17s. 6d. net.

DR. SEWARD'S aim is to provide a "diagnostic approach" in the elucidation of fundamental presentations of disease. By the systematic analysis of some twenty significant symptoms and signs, he shows that a diagnosis can usually be made at the bedside; his scheme is logical and orderly and the special tests judiciously chosen. Due weight and sympathetic consideration are given to psychogenic symptoms, and this, together with the author's essentially practical viewpoint, make the book a useful contribution to clinical teaching. Dr. Seward's treatment of his subject emphasises the integration required in clinical appraisal and diagnosis; the student who reads this book will cease trying to "match" the patient with cut-and-dried text-book descriptions of diseases, and will thus shorten the long road to professional maturity.

While "Bedside Diagnosis" was not intended as a comprehensive collection of all major symptoms and signs, the reviewer feels that its value would be enhanced still further by the inclusion of chapters on "Arthritis" and "Coma."

R. G. V.

GROW UP—AND LIVE. By Eustace Chesser. Pp. 295. Pelican Books. 1s. 6d.
 DR. EUSTACE CRESSER is well known for his work on sex education and marriage guidance, and this Pelican book, written for adolescents, will maintain his high reputation.

The book begins with a brief survey of the processes of evolution and development, and continues through the description of the functions of body and mind, to the attainment of maturity and an integrated personality. Sex education receives adequate treatment, due attention being paid both to the physical and the psychological aspects.

The author writes in simple, easily understood language, but does not make the mistake of talking down to his audience. His methods are neither dogmatic nor didactic, but consist of suggestions and guidance, from which the adolescent must choose his own line of conduct. The emphasis is on self-discipline, accompanied by tolerance, and consideration for others, and the ethical aspects are duly stressed.

Although this book is primarily for adolescents, it should prove very useful to youth leaders—and to parents.

M. E. L.